

WARNING SIGNS

WHAT TO LOOK FOR

<ul style="list-style-type: none">• Unusual bleeding/discharge	<ul style="list-style-type: none">• Blood in urine or stool• Discharge from any parts of your body, for example nipples, penis, etc.
<ul style="list-style-type: none">• A sore which does not heal	<ul style="list-style-type: none">• Sores that:<ul style="list-style-type: none">– <i>don't seem to be getting better over time</i>– <i>are getting bigger</i>– <i>getting more painful</i>– <i>are starting to bleed</i>
<ul style="list-style-type: none">• Change in bowel or bladder habits	<ul style="list-style-type: none">• Changes in the color, consistency, size, or shape of stools. (diarrhea, constipated)• Blood present in urine or stool
<ul style="list-style-type: none">• Lump in breast or other part of the body	<ul style="list-style-type: none">• Any lump found in the breast when doing a self examination. Any lump in the scrotum when doing a self exam. Other lumps found on the body.
<ul style="list-style-type: none">• Nagging cough	<ul style="list-style-type: none">• Change in voice/hoarsness• Cough that does not go away• Sputum with blood
<ul style="list-style-type: none">• Obvious change in moles	<ul style="list-style-type: none">• Use the ABCD RULE<ul style="list-style-type: none">– <i>Asymmetry: Does the mole look the same in all parts or are there differences?</i>– <i>Border: Are the borders sharp or ragged?</i>– <i>Color: What are the colors seen in the mole?</i>– <i>Diameter: Is the mole bigger than a pencil eraser (6 mm)?</i>
<ul style="list-style-type: none">• Difficulty in swallowing	<ul style="list-style-type: none">• Feeling of pressure in throat or chest which makes swallowing uncomfortable• Feeling full without food or with a small amount of food